

dimensioned rectangular-shaped first and second sides divided by hinging means, said first and second sides comprising interior and exterior layers, the second side further comprising a blister package, wherein the cavities are arranged in a 1x4, array affixed between said interior and exterior layers along the outer edge thereof, about parallel and opposite to the hinging means, said blister package comprising:

- (a) a blister layer consisting essentially of a plurality of aligned raised blister cavities conforming to the shape of a pharmaceutical composition placed therein selected from the group consisting of pills, tablets and capsules, said aligned cavities being about parallel and adjacent to the outer edge of the second side, wherein the blister layer is constructed of a material selected from low density polyethylene and olefinic copolymers;
- (b) a lidding layer attached to the non-raised, cavities side of the blister layer for encapsulating the pharmaceutical composition therein;
- (c) a peelable backing layer abutting the lidding layer opposite the blister layer;
- (d) a plurality of adhesive layers between each of the interior and blister layers, blister and lidding layers, and peelable backing and exterior layers, said adhesive layers being suitable for affixing the layers together;
- (e) a plurality of first perforation lines being about perpendicular to the hinging means and extending through the blister, lidding, peelable and adhesive layers, and between each of the blister cavities for separating the individual blister cavities to form quadrants;

- (f) a plurality of notch cavities located in the blister layer, each notch being adjacent to raised blister cavities, along the first, perforation lines that separate each of the blister cavities, said notch cavities being of equal or less volume than the blister cavities, so that a void exists between the notch cavities and the lidding layer;
- (g) a continuous second perforation line extending through the blister, lidding, peelable backing, adhesive, interior and exterior layers, and along the uniform edge of the second side opposite the hinging means to form a barrier strip so that a portion of the barrier strip extends through each of the notch cavities, wherein the second perforation line is about perpendicular to and intersects the first perforation line at notch cavities;
- (h) a tab consisting essentially of an area proximal to the notch cavities wherein the lidding and backing layers are affixed together by an adhesive;
- (i) a barrier strip consisting essentially of a laminate assembly of the interior, exterior, blister, lidding and backing layers adhered together, said barrier strip being an area of the second side of the card parallel and most opposite the hinging means, said barrier strip and second side being divided by the second perforation line; and
- (j) a cut out surface of the interior and exterior layers within the second side of the card proximal to the blister package wherein said layers have been removed to expose the blister and notch cavities, first and second perforated lines,